

Session on Basic Environment Awareness

Session 1 Basic Awareness session on 6th June 2023 at Bai Ava Bai High School Valsad

In the creation of the human race and the spread of human civilisation around the globe, trees have been crucial. Since the beginning of time, they have been assisting with human needs. Grain, herbs, fruits, flowers, fuel, and timber for building homes are all things that trees give us. The ability to breathe in oxygen is one of the most notable achievements made by trees. It helps to maintain environmental balance by purifying the air, preventing pollution, controlling water runoff, preventing soil erosion, and managing water use. Trees are crucial to the survival of humanity. Still considered humanitarian labour is the plantation. In India, people have traditionally prayed to Tulsi plants, peepal trees, banana and banyan trees. The value of trees in our lives has also been demonstrated by scientists.



There are several other benefits of trees.

- Trees make air pollution-free.
- Trees provide us oxygen.
- Trees help in the cycling of seasons.
- Trees hold the soil tightly and prevent soil erosion.
- Trees provide us fruits, shelter, and woods
- Trees save us from the heavy rain, and scorching heat
- Trees help the Ayurved too as many medicines are made through leaves and bark of different trees.
- Trees and plants provide natural fragrances in the form of flowers and make the environment romantic and lovable.
- Trees also provide natural oils and rose water and also other spices which are used in cooking food.

Dr K L Mokariya explained all above points and discussed with Baa Avabai students. He also explained to the students that we are far behind the figure of tree plantation as compared to worlds average for mitigation of adverse effects of carbon dioxide and other greenhouse gases. World average is 422 tree and In India per person the average is 28 trees only. He also put emphasis on selection of land, selection of tree plant, Nominating the care taker for tree, Bija ropan to vruksharopan concept and Haritghar concept to the students and some other features of ECO MITRAM APP.



Total 100 Students of the Bai Ava Bai High School has Participated in the session and gained the knowledge of Environment Protection and need of Tree Plantation.